

March 2022

Discover Healthy Advantage™

Our Monthly Ad
Now Available
Online

Browse before
shopping
in the store

Create your
shopping lists

Save and share
your favorite
items

Scan
to see
our ad
online



Dr. Praeger's
Chick'n Littles
8 OZ
Selected Varieties

2/\$8



Sweet Earth
Cauliflower Mac
9 OZ
Selected Varieties

2/\$9



Barnana
Plantain
Tortilla Chips
Himalayan Pink Salt
4 OZ

\$3.29



Snyder's Of Hanover
Gluten Free
Pretzel Sticks
8 OZ

\$3.29



Tres Latin Foods
Pupusas
Black Bean &
Sweet Corn
4/2.5 OZ
Selected Varieties

2/\$10



Bar Harbor
Wild Kippers
Smoked
6.7 OZ
Selected Varieties

\$3.99



Good Health
Kettle
Potato Chips
Avocado Oil Sea Salt
5 OZ
Selected Varieties

2/\$6



From The Ground Up
Snacking
Cauliflower Crackers
Sea Salt, 3.5 OZ
Selected Varieties

2/\$6

Some items may not be available. See store for details.
Printed with soy ink on recycled paper. Not responsible for typographical errors.

NEW! Flavored Creamer

- Lactose Free
- Always organic. They never use antibiotics, synthetic hormones, toxic pesticides or GMOs.
- No artificial sweeteners and only natural flavors



Organic Valley
Organic
Lactose Free Creamer
French Vanilla
25.4 FL OZ



\$3.99



Plant-Based Sweet Snack

Made fresh with creamy peanut butter and vegan milk chocolate cradled in a chocolate cookie crust... Finally, the plant-based version of sweet chocolate perfection meets salty peanut butter heaven!



Hail Merry Snacks
Chocolate
Peanut Butter
Cups
1.5 OZ
Selected Varieties



\$2.79



Almond Breeze
Almond Milk
Original Unsweetened
64 FL OZ
Selected Varieties



2/\$8



So Delicious
Organic
Coconutmilk Beverage
Unsweetened
64 FL OZ
Selected Varieties



\$4.99



Perfect Bar
Perfect Bar
Almond Butter
2.3 OZ
Selected Varieties



\$2.29



Pete & Gerry's
Organic Eggs
Large Brown, Free Range
12 PK
Selected Varieties

\$5.29



Nasoya Foods
Organic
Sprouted Tofu
Super Firm
16 OZ



\$2.99



Forager Project
Organic
Cashewmilk
Yogurt
Strawberry
5.3 OZ
Selected Varieties



3/\$5



Siggi's Skyr
Whole-Milk Skyr
Mixed Berries
4.4 OZ
Selected Varieties



3/\$5



Birch Benders
Toaster Waffles
Buttermilk
8.75 OZ
Selected Varieties

2/\$8



Van's Natural Foods
Protein Pancakes
Original
12.4 OZ
Selected Varieties

\$3.79



Field Roast
Plant-Based
Breakfast
Sandwich
Sausage, Egg
& Cheese, 7.34 OZ

Featured BRAND

\$3.99



Gardein
Crispy Chick'n
Mandarin Orange
10.5 OZ



2/\$8



- Certified Vegan
- Kosher
- Dairy-free



American Flatbread
Tomato Sauce
& 3 Cheese Pizza
2-Pack
18.2 OZ

\$12.29



Cappello's
Five Cheese
Ravioli
9.9 OZ
Selected Varieties



\$8.49



Primal Kitchen
Chicken Pesto
Bowl
10 OZ
Selected Varieties

\$6.29



Pork Panko
Pork Panko
Crumbs
12 OZ

\$7.99



**Lundberg
Family Farms**
Organic Risotto
Creamy Parmesan
5.5 OZ
Selected Varieties



★
**Featured
BRAND** **\$2.79**



Zoe
Extra Virgin
Olive Oil
1 LTR



\$12.49



Monte Bene
Pasta Sauce
Tomato Basil
24 FL OZ
Selected Varieties



\$4.99



Sfoglini
Organic
Semolina Pasta
Trumpets
16 OZ
Selected Varieties



\$4.29



Better Than Bouillon
Bouillon
Roasted Chicken
Base
8 OZ
Selected Varieties

2/\$8



Ocean's Halo
Organic
Big Bowl of Noodles
Vegan Chicken
4.02 OZ
Selected Varieties



2/\$8



Sweet Leaf
Organic
Monk Fruit
Sweetener Drops
Caramel Macchiato
1.7 OZ
Selected Varieties



\$3.29



Plant Boss
Organic
Plant Crumbles
All-Purpose
3.35 OZ
Selected Varieties



★
**Featured
BRAND** **2/\$9**



Epic
Pork Rinds
Pink Himalayan
& Sea Salt
2.5 OZ
Selected Varieties



★
**Featured
BRAND** **2/\$6**



Bahlsen
Milk Chocolate
Biscuits
Choco Leibniz
4.4 OZ
Selected Varieties

2/\$8



Lenny & Larry's
Complete
Cookie
White Chocolate
4 OZ
Selected Varieties



2/\$4



Darrell Lea
Soft Australian
Licorice
Strawberry
7 OZ
Selected Varieties



2/\$5



Glee Gum
Natural
Chewing Gum
Bubblegum
16 CT
Selected Varieties



\$1.29



Pur Gum
Sugar-Free
Chewing Gum
Bubblegum
77 GM



2/\$7



Purely Elizabeth
Grain-Free
Pancake + Waffle
Mix
Protein
10 OZ
Selected Varieties

★
**Featured
BRAND** **\$5.49**



Lakanto
Sugar-Free
Muffin Mix
Blueberry
6.77 OZ
Selected Varieties



\$6.49



Peanut Butter & Co
Peanut Butter
Dark Chocolatey Dreams
16 OZ
Selected Varieties



\$3.99



St Dalfour
Fruit Spread
Strawberry
10 OZ



2/\$8

Bulk

CELEBRATE SNACK DAY

March 4th

Organic Dates
Large Medjool
\$6.49/lb

Organic Pistachios
Roasted & Salted
\$8.49/lb

Deluxe Mixed Nuts
Roasted & Salted
\$11.99/lb

Organic
Pumpkin Seeds
\$4.09/lb





**Mountain Valley
Spring**
Spring Water
Aluminum Bottle
25.36 FL OZ

\$2.29



Vita Coco
Coconut Water
Original
1 LT
Selected Varieties



**Featured
BRAND** **2/\$7**



High Brew Coffee
Cold-Brew Coffee
Black and Bold
8 FL OZ
Selected Varieties

2/\$4



Prince Of Peace
100% Organic Tea
Green
100 BAG
Selected Varieties



\$6.29

Ecover
Zero Laundry
Detergent
Fragrance Free
93 FL OZ



\$12.79

Casabella Kind
Plant-Based
Scrub Sponges
3 CT



\$3.79

Lunchskins
Paper
Quart Bags
Unbleached
+ Non Wax
50 CT



\$4.79

Cookie Pal
Organic Granola
Bite Dog Treats
Skin & Coat Support
9 OZ
Selected Varieties



\$6.49



Shikai Products
Shower Gel
Cucumber Melon
12 FL OZ
Selected Varieties

\$6.99



Andalou Naturals
Age Defying
Shampoo
Argan Stem Cell
11.5 FL OZ
Selected Varieties

\$6.49



Desert Essence
Activated
Charcoal Toothpaste
Fresh Mint
6.25 OZ
Selected Varieties



\$5.49



Eco-Dent
Gentle Floss
Mint
100 YD

\$3.99



Sukin
Hydrating
Body Lotion
Original
16.9 FL OZ

\$8.99



Urban Moonshine
Organic Digestive
Bitters
2 FL OZ



\$9.99



Kyolic
Immune
Formula 103
Vitamin C, Astragalus,
Mushrooms
100 CAP



\$11.49



Hyland's
Sleep Aid
Calms Forte
100 TAB

\$8.49



Yerba Prima
Psyllium
Whole Husks
Colon Cleanser
12 OZ
Selected Varieties



\$10.49

Kyolic
Aged Garlic Extract™

Contains a potent combination of Aged Garlic Extract with vitamin C, premium mushroom complex, astragalus, oregano and olive leaf extracts to support a healthy immune function.



Natrol
Sleep+ Immune
Health Gummies
50 CT
Selected Varieties

\$13.99

Statements have not been evaluated by the Food and Drug Administration. Products are not intended to diagnose, treat, cure or prevent any disease.
CBD items may not be available as restrictions vary by state and are subject to change. See store for details.